

Early Intervention and specialised treatment approach for babies, children and adults with Cerebral Palsy and similar neuro-developmental conditions and movement disorders.

M.A.E.S. Therapy is a UK based international specialised treatment approach. It is available for babies and children of all ages where neurodevelopmental conditions such as Cerebral Palsy (CP), prevent them from following a typical course of development.

M.A.E.S. Therapy looks at what is influencing a child's movements. This includes looking from the child's perspective and how they've learnt to understand, experience and interact with the world around them. We analyse their movements and identify what may be influencing their development both now and in the future.

Therapy utilises specific, highly skilled handling to guide movement, cognition and play in order to take the child on a path of learning new skills and maximising their potential.

Intervention focus: During therapy, we utilise positioning of the body, within carefully selected activities, support 'scaffolding' to support and guide movement, cognition and play, in order to enable the way the brain works to upgrade, and the child to be able to keep experimenting and learning.

M.A.E.S. Therapy aims at providing the child with a path of experience and development that doesn't focus on the short-term achievement of tasks or working through sets of developmental milestones. Instead, M.A.E.S. works to create the foundation to reduce the 'atypical' development in the long term and open the possibilities for different and better outcomes.

Every child is different, and **our aim is to analyse and understand** how each child is problem solving and engaging with the world around them and the impact this is having on their movement. **We then design a bespoke intervention** for them.

It's About the Brain

For babies and children with neurodevelopmental conditions, the most important point to remember is that the child was born with a normal body and it's about the child's brain and the way the child's brain (which has been affected by a lesion) learns to direct the body.

The physical aspects are secondary, but unfortunately this is where many physiotherapists without deep knowledge of Cerebral Palsy typically pay the most attention, effectively working to 'treat' the symptoms instead of the cause.

The physical aspects should be addressed, but are secondary to helping the child's brain learn to 'unlearn'/reduce the 'atypical' movements the child's brain has already chosen. Through highly skilled handling using the advanced M.A.E.S. Therapy Approach, we help the child to explore and learn alternative, more 'typical' movements. By working on the skills and components the child is missing, M.A.E.S. can help the child gain the basis for more typical coordination.

Part of the M.A.E.S. Therapy approach is educating the parents **how to incorporate the principles of therapy into daily living** for their child at home, and in other environments, enhancing the benefits of the regular Therapy Treatment Sessions.

We strongly believe that each child is a unique and special individual and not a 'type' and that it is possible to help each child fulfil their potential.

Read what Parents say about M.A.E.S. Therapy: <http://www.maestherapy.com/parents-testimonials-cerebral-palsy-treatment/>

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